# LET'S WALK & ROLL!

Active4.Me is coming to your school! Active4.ME is a **FREE** program that encourages students to walk or bike to school and earn COOL PRIZES!

### **How Does It Work?**

- Tracks participation in Walk and Roll Wednesdays and your schools mileage club
- Rewards students for being active
- Parents can register to receive notification via text or email that their student has arrived to school safely

# Join the Mileage Club Too!

Want to earn more prizes and increase your mileage? Registering automatically signs you up for the Walk/Run Club. The same barcode key tag will be used to track your students' participation and mileage. If your student rides the bus to school, they can still participate in the mileage club, just fill out the attached registration form!

## **Instant Notification for Parents!**

When your students' Active4.Me barcode tag is scanned you will be notified by text or email that they have safely arrived to school. **And it's all FREE!** 



Scan QR code for safe walking and biking routes



WE WILL START WALKING AND ROLLING on October 4th - National Walk to School Day! Contact your school nurse for more information.

This program is made possible through funding by:







WALK AND ROLL STUDENT REGISTRATION FORM





STUDENT NAME:	GENDER: M OR F GRADE:
NAME OF SCHOOL:	TEACHER:
CIRCLE RESPONSES BELOW:	

HOW WILL YOUR STUDENT TRAVEL TO SCHOOL: WALK **BIKE** 

APPROXIMATE DISTANCE FROM HOME TO SCHOOL: 1/2 mile 1/4 mile 3/4 mile 1 mile

PLEASE SEND ME STUDENT ARRIVAL NOTIFICATIONS AND PROGRAM UPDATES BY: EMAIL OR TEXT

**CELL PHONE: EMAIL:** 

Volunteers needed! Wednesday 8:20am-9:00am. Would you be interested in volunteering? (Please circle your preference below)

ONCE A MONTH TWICE A MONTH ONCE A WEEK

I AGREE TO ACTIVE4.ME WEBSITE TERMS OF USE. (You can review the terms of use www.LiveWellToledo.org)

PARENT/GUARDIAN SIGNATURE:

DATE:

Sign and return to the school nurse.

For office use only: Registration Date: Student Key Tag #: